

**PROGRAM SCHEDULE**

**27TH ANNUAL  
23RD INTERNATIONAL  
CARDIOVASCULAR SYMPOSIUM  
in Vienna, Budapest and Bucharest**

**June 2 - June 14, 2014**

Approved for 12.5 CME Credits

Sponsored by Cardiovascular Health Assessment Center,  
the Cardiovascular Center of Sarasota,  
CVIS Foundation for Education and Research,  
and Sarasota Memorial Healthcare Foundation  
in Cooperation with  
The American Society for Preventive Cardiology

**TUESDAY JUNE 3, 2014**

8:00-8:15 AM Registration

8:15 AM WELCOME  
Program Director: M. El Shahawy, MD, MS, FESC, F.A.H.A., F.A.C.C  
Co-Directors Professors: J. Cohn, A. Curtis, N. Wenger

**SESSION I: Joint Session With Members of the Austrian Society of Cardiology  
ADVANCES IN THE PAST 12 MONTHS IN CARDIOVASCULAR  
DISEASE PREVENTION**

Chairpersons: Drs. M. El Shahawy, J. Cohn and N. Wenger ..... USA  
Drs. Steinbach and Weidinger ..... Austria

8:20 AM Rationale for a Community Wide Individualized Model for Early  
Cardiovascular Disease Prevention..... J. Cohn

8:40 AM Prevention of Cardiovascular Disease in women: Global Challenge  
And Opportunity..... N. Wenger

9:00 AM Novel Approach for the Management of Dyslipidemia Beyond Statin:  
PCSK9 Inhibitor .....M. Shahawy

9:20 AM Denervated Myocardium Predicts Risk of Sudden Cardiac Arrest  
in Ischemic Cardiomyopathy.....Cain

9:40 AM Biventricular Pacing for Left Ventricular Dysfunction and AV Block:  
BLOCK- HF..... A.Curtis

10:00 AM BREAK

10:20 AM Cryoablation ..... Stuhlinger

10:40 AM Use of the Medguide System in Mapping and Ablation  
of Complex Cardiac Arrhythmia .....Puerfeellner

11:00 AM Asymptomatic Valvular Heart Disease ..... Maurer

11:20 AM Management of Patients with Acute Myocardial Infarction in Austria ..Huber

11:40 AM The Value of Cardiac CT for the Early Diagnosis and Management  
of Cardiovascular Disease..... J. Schoepf

**PROGRAM  
(CONTINUED)**

**OPTIONAL**

**OPTIONAL**

**TUESDAY JUNE 3, 2014 (CONTINUED)**

12:00 PM Cardiovascular Healthcare in Austria.....Weidinger

12:30 PM Panel Discussion: Moderators.....Bachinger, Shahawy and Weidinger

1:00 PM ADJOURN

2:30-3:30 PM Optional Visit to University Hospital in Vienna and Discussion  
with Austrian Colleagues

**FRIDAY JUNE 6, 2014**

8:00-8:15 AM REGISTRATION

**SESSION II: Joint Session with Members of the Hungarian Society of Cardiology  
ADVANCES IN THE PAST 12 MONTHS IN THE DIAGNOSIS AND  
MANAGEMENT OF CARDIOVASCULAR DISEASE**

Chairpersons: J. Cohn, A. Curtis, and M. Shahawy .....USA  
Professors Kiss and Merkley .....Hungary

8:20 AM Gender Disparity and Coronary Heart Disease .....Wenger

8:40 AM Sleep Disorders and Cardiovascular Disease .....Ofili

9:00 AM Endothelial Dysfunction and Small Artery Stiffness:  
The First Stage of Cardiovascular Disease: Update 2014 .....Cohn

9:20 AM Novel Anticoagulant for Stroke Prevention in Atrial Fibrillation..El Shahawy

9:40 AM Early Risk Management of Sudden Cardiac Death  
and the Role of the Wearable Cardioverter Defibrillator .....Curtis

10:00 AM BREAK

10:20 AM Intervention in Acute Myocardial Infarction .....Merkley

10:40 AM Antithrombotic and Antiplatelet: Update 2014 .....Kiss

11:00 AM Preventive Cardiology in Hungary .....Toth

11:20 AM Cardiac CT: Update 2014.....Schoepf

12:00 PM Panel Discussion: Moderators .....Cohn, Kiis, El Shahawy

1:00 PM ADJOURN

2:30-3:30PM Optional Visit to the University Hospital and in Discussion  
with Hungarian Colleagues

**PROGRAM  
(CONTINUED)**

**FRIDAY JUNE 13, 2014**

10:00 - 10:15 AM REGISTRATION

**SESSION III: Joint Session With Members of the Romanian Society  
of Cardiology**

**ADVANCES IN THE PAST 12 MONTHS IN ATHEROSCLEROSIS  
AND CARDIOVASCULAR DISEASE**

Chairpersons: Professors Cain, El Shahawy, Ofili .....USA  
Professors: Dimulescu and Gaita .....Romania

10:20 AM Obesity is the RISK FACTOR for Cardiovascular Disease  
Risk Factors .....El Shahawy

10:40 AM Hemorrhagic Risk In Acute Coronary Syndrome and  
Antithrombotic .....Dimulescu

11:00 AM Non Communicable Diseases And Integrative Care:  
Focus on Hypertension, Diabetes, And Depression .....Sorel

11:20 AM Cardiometabolic Syndrome: Update 2014 .....Ofili

11:40 AM Cardio renal Syndrome: Update 2014 ..... Obialo

12:00 PM Treatment Options to Prevent Stroke in Patients  
with Nonvalvular Atrial Fibrillation .....Curtis

12:20 PM Approaches to Prevent Sudden Death in Athletes .....Vinereanu

12:40 PM BREAK

1:00PM Cardiovascular Health Care in Romania .....Gaita

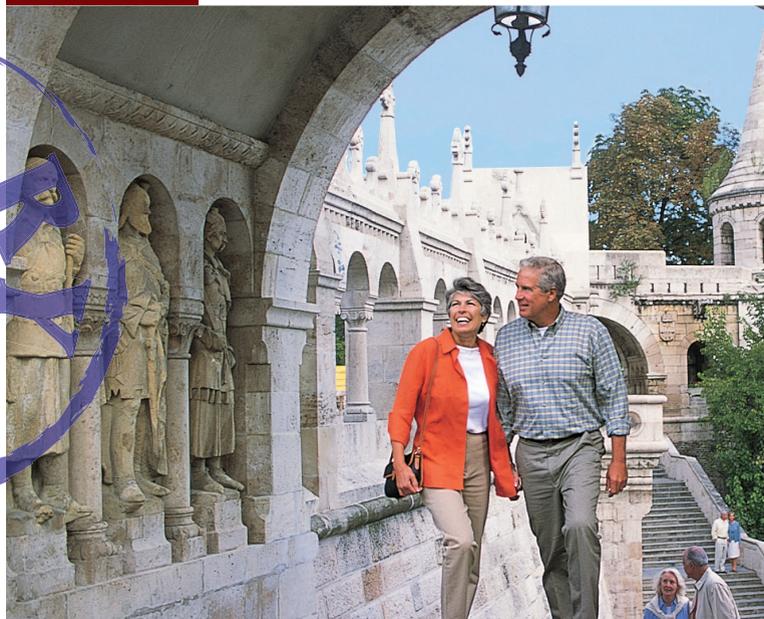
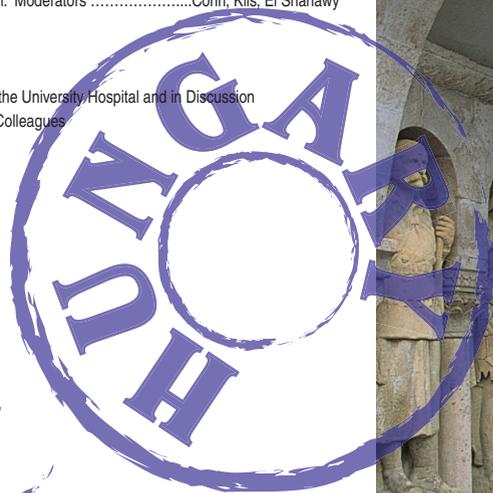
1:20 PM The Value of Cardiac CT in Non-coronary Cardiovascular Disease  
.....Schoepf

1:40 PM Panel Discussion: Moderators ..... Dimulescu and El Shahawy

2:00 PM Concluding Remarks and ADJOURN .....El Shahawy

2:00- 4:00 PM Optional Visit to University Hospital in Bucharest,  
and Discussion with Romanian Colleagues

**OPTIONAL**



**SEMINAR  
REGISTRATION**

	Prior to 3/15/2014	After 3/15/2014
PHYSICIANS.....	\$450	\$550
MEDICAL STUDENTS, DOCTORS IN TRAINING & NURSES.....	\$300	\$350

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**CARDIOVASCULAR INSTITUTE OF SARASOTA  
27TH ANNUAL SYMPOSIUM  
P.O. Box 48862, Sarasota, FL 34230  
Attn: M. El Shahawy, M.D., Program Director**

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**CARDIOVASCULAR SYMPOSIUM 2014  
June 2 - June 14, 2014**

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and Spouses prior to March 1, 2014.**  
(Rates based on double occupancy, does not include:  
International/domestic air fare, visa fees, etc.)  
\*50% Per Person Non-Refundable deposit upon registration.  
\*Total balance is due no later than March 1, 2014, and may be  
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Space is limited. Early Registration is recommended.

## OBJECTIVES

This course is designed to present for the participants an update in cardiology with emphasis on current concepts for diagnosis and management of Cardiovascular Disease Prevention in the 21st Century. Distinguished faculty and guest speakers will discuss incorporation of these new developments into clinical practice. In addition to lectures, there will be case presentations to encourage discussion and audience participation. The topics include:

- Global Cardiovascular Disease Risk Factors
- Novel Approach for Cardiovascular Disease Risk Assessment
- Metabolic Syndrome as a Major Killer
- New Modalities in Cardiovascular Imaging
- Slowing Progression and Improving Regression of Cardiovascular Disease
- Novel Approach for Stroke Prevention in Atrial Fibrillation
- Cardiovascular Disease in Women
- Valvular Heart Disease and Heart Failure
- Gender Disparities in Coronary Disease
- Novel Approach for Optimal Management of Hyperlipidemia – (PCSK9) Inhibitor
- Cardiac Renal Syndrome: Update 2014
- Cardiac Resynchronization Therapy
- Coronary Artery Revascularization Therapy
- Miscellaneous Topics of Interest for the Participating Physicians

This intensive 12-day program is designed for cardiologists, internists, primary care physicians, emergency room physicians, nurses and other health care providers who manage patients with cardiovascular diseases.

Sessions will be held in Vienna, Budapest and Bucharest. For more information on the travel program and available pre and post symposium tours, please call Admiral Travel International at 941-951-1801 or 888-722-3401 or email [info@admiraltravel.com](mailto:info@admiraltravel.com). Ask for Malaka Hilton. Complete trip information is posted online, [www.admiraltravel.com](http://www.admiraltravel.com). & [www.authentescapes.com](http://www.authentescapes.com)

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Or visit our website @ [www.cardiologycenter.net](http://www.cardiologycenter.net)

This Live activity, 27th Annual 23rd International Cardiovascular Symposium from Sick Care to Health Care, with a beginning date of June 2, 2014, has been reviewed and is acceptable for up to 12.5 Prescribed credit(s) by the American Academy of Family Physicians. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

AAFP Prescribed credit is accepted by the American Medical Association as equivalent to AMA PRA Category 1 Credit™ toward the AMA Physician's Recognition Award. When applying for the AMA PRA, Prescribed credit earned must be reported as Prescribed, not as Category 1.

In order to receive full CME contact hour credit for this CME activity, you must:

- Be present no later than five (5) minutes after starting time.
- Remain until the scheduled ending time, and
- Complete and submit the Evaluation Form(s) and the Verification of Attendance Form.

Each Healthcare provider should claim only those credits that he/she actually spent in the activity.

## PLANNING COMMITTEE

**Mahfouz El Shahawy, MD, MS, FESC, FSCCT, FASH, FAHA, FACC**

Clinical Professor of Medicine, Universities of Florida and South Florida  
Sarasota, Florida

**Jay N. Cohn, MD, FACC**

Professor of Medicine  
Director of Rasmussen Center for CVD Prevention  
University of Minnesota Medical School, Cardiovascular Division  
Minneapolis, Minnesota

**Anne Curtis, MD, FHRS, FACC, FAHA**

Charles and Mary Bauer Professor and Chair  
Department of Medicine, University at Buffalo  
Buffalo, New York

**Elizabeth O. Ofili, MD, FACC**

Morehouse School of Medicine, Atlanta, GA

**Nanette K. Wenger, MD, MACC, MACP, FAHA**

Professor of Medicine (Cardiology),  
Emory University School of Medicine

**Hospitality Committee:** Mrs. Sylvia El Shahawy, Malaka El Shahawy-Hilton

**Mahfouz El Shahawy, MD, MS, FACP, FESC, FASH, FSCCT, FAHA, FACC**

**Program Director**  
Clinical Professor of Medicine, Universities of Florida and South Florida,  
Medical Director, Cardiovascular Health Assessment Center,  
President, Cardiovascular Center of Sarasota, Sarasota, Florida

**Jay N. Cohn, MD, FACC, FAHA**

**Program Co-Director**  
Professor of Medicine,  
Director, Rasmussen Center for Cardiovascular Disease Prevention,  
University of Minnesota Medical School, Minneapolis, Minnesota

**Michael E. Cain, MD, FHRS, FACC, FAHA**

Professor of Medicine and Biomedical Engineering  
Past President Heart Rhythm Society  
Dean, School of Medicine & Biomedical Sciences  
University at Buffalo, Buffalo, New York

**Anne Curtis, MD, FACP, FHRS, FACC, FAHA**

Program Co-Director  
Past President Heart Rhythm Society  
Charles and Mary Bauer Professor and Chair  
Department of Medicine  
University of Buffalo, Buffalo, New York

**Thomas Kelly, MD, FACS**

Cardiovascular Surgeon, Sarasota Memorial Hospital  
Past Member and Vice Chairman Sarasota County Public Hospital Board  
Sarasota, Florida

**Chamberlain Obialo, MD**

Professor of Medicine and Chief Nephrology Section  
Morehouse School of Medicine, Atlanta, Georgia

**Elizabeth O. Ofili, MD, FACC**

Program Co-Director  
Professor of Medicine and Chief of Cardiology, Director of Clinical Research Center  
Morehouse School of Medicine  
Past President, Association of Black Cardiologists, "ABC", Atlanta, Georgia

**U. Joseph Schoepf, MD, Prof. (h.c.), FAHA, FSCBT-MR, FNASCI, FSCCT**

Professor of Radiology, Medicine, and Pediatrics Director of Cardiovascular Imaging  
Medical University of South Carolina, Charleston, South Carolina

**Professor Eliot Sorel, MD, DLFAPA**

Co-chair Scientific Committee WPA 2013 Bucharest  
GWU School of Medicine & Public Health  
Founder Conflict Management Section WPA, Washington, D.C.

**Nanette K. Wenger, MD, MACC, MACP, FAHA**

Professor of Medicine (Cardiology) Emeritus  
Emory University School of Medicine  
Consultant, Emory Heart and Vascular Center

## INTERNATIONAL FACULTY, CVIS 2014

**VIENNA, AUSTRIA:**

**Professor Bachinger**

President Austrian Heart Foundation

**Professor Kurt Huber**

Chief of Cardiology Wilhiminer Spital  
Vienna, Austria

**Professor Gerald Maurer**

Chief of Cardiology, University of Vienna

**Professor Helmut Puererfellner**

Linz, Austria

**Professor Konrad Steinbach, MD, FESC**

Honorary President Austrian Heart Foundation  
Vienna, Austria

**Professor Markus Stuehlinger, MD**

University Klinik for Internal Medicine  
Innsbruck, Austria

**Professor Franz Weidinger, MD, FESC, FACC**

Head, 2nd Department of Medicine (Cardiology)  
Hospital Rudolfstiftung Juchgasse 25  
A-1030 Vienna, Austria

**BUDAPEST, HUNGARY:**

**Professor Robert Kiss**

Military Hospital  
Budapest, Hungary  
President Hungarian Society of Cardiology

**Dr. Béla Merkely, PhD, DSc, FESC, FACC**

Chairman of the Heart and Vascular Center  
Semmelweis University,  
President of the Hungarian Association of Cardiovascular Intervention  
Honorary President of the Hungarian Heart Rhythm Association  
Past President of the Hungarian Society of Cardiology  
Budapest, Hungary

**Professor Kalman Toth**

University of PECS, Hungary

**BUCHAREST, ROMANIA**

**Doina Dimulescu, MD**

Professor of Medicine and Chief of Cardiology  
Elias University Hospital  
Bucharest, Romania

**Dan Gaita, MD, FESC**

Professor of Cardiology  
President Romanian Heart Foundation  
Romania

**Dragos Vinereanu**

Professor of Cardiology, Scientific & Research  
Vice-Rector of University of Medicine and Pharmacy "Carol Davila"  
Bucharest, Romania  
Vice-President of Romanian Heart Foundation



# 27<sup>TH</sup> ANNUAL 23<sup>RD</sup> INTERNATIONAL CARDIOVASCULAR DISEASE PREVENTION SYMPOSIUM

June 2 to June 14, 2014

Update 2014:  
FROM SICK CARE  
TO HEALTH CARE

A twelve day  
Cardiovascular Symposium  
in Vienna, Budapest and  
Bucharest

Sponsored by:  
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Assessment Center,  
the Cardiovascular Center  
of Sarasota, CVIS Foundation for  
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and Sarasota Memorial  
Healthcare Foundation  
In Cooperation with The American  
Society for Preventive Cardiology**

Approved for  
12.5 Hours C.M.E.

PROGRAM DIRECTOR:  
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FSCCT, FASH, FAHA, FACC**

Clinical Professor of Medicine, Universities  
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FACC, FAHA**

Professor and Chair, Department of Medicine  
University at Buffalo

**Elizabeth O. Ofili, MD, FACC**

Professor of Medicine  
and Chief of Cardiology,  
Morehouse School of Medicine

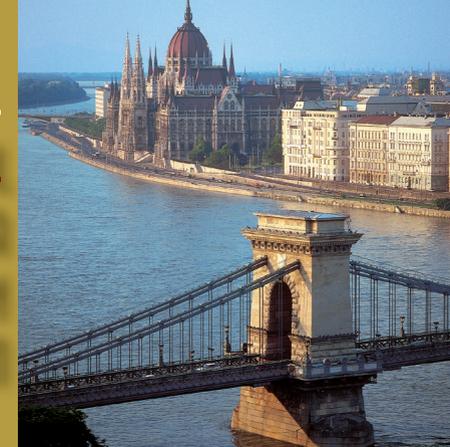
**Nanette K. Wenger, MD, MACC,  
MACP, FAHA**

Professor of Medicine (Cardiology) Emeritus  
Emory University School of Medicine



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## TOPICS COVERED

## MEETING DESCRIPTION

## LOCATION

## CREDITATION